



NEWSLETTER

DEPARTMENT OF PHYSIOTHERAPY

Where Wellness Meets Science

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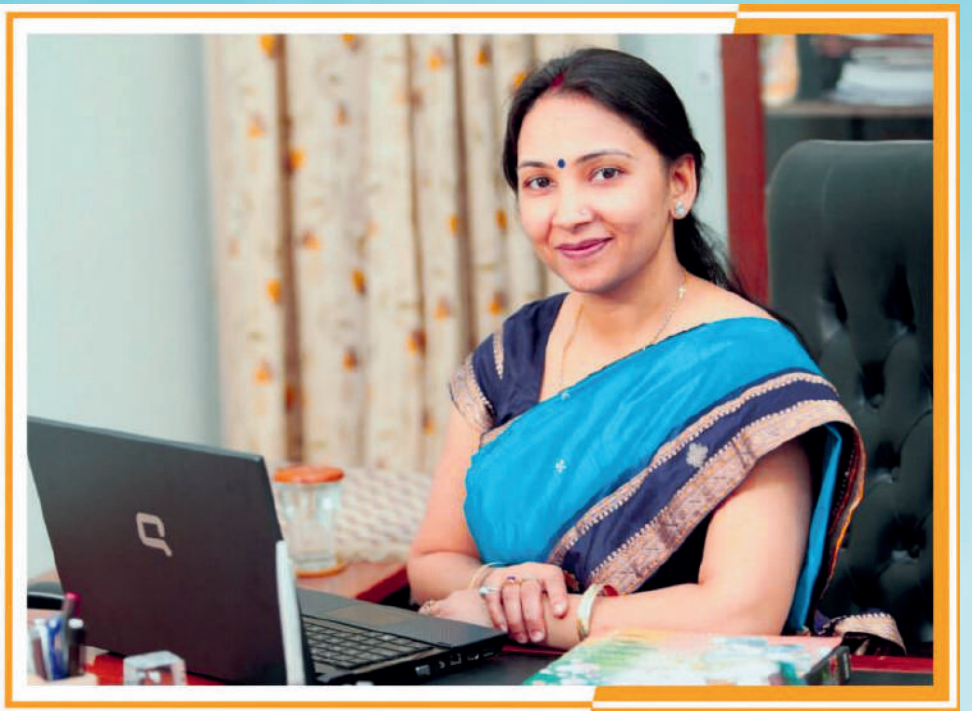
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MESSAGE FROM HON'BLE CHAIRPERSON

We had established IAMR with dreams to produce competent professionals, who are readily accepted by the industry. I am glad that we have comprehensively fulfilled our dream. We are further endeavoring to enrich our curriculum through incorporating latest enhancements like audio/visual tools, personality development programmes, physical training etc. I am sure that you'll have ample learning opportunities with us, which would definitely shape your career and help you in achieving your goals. I welcome you on behalf of IAMR family.



Anshu Bansal
Chairperson, IAMR Group

MESSAGE FROM HON'BLE SECRETARY

Dear Students, Choosing a right career is an uphill task that requires guidance and assessment of individual capabilities. Moreover, the candidates need to understand the future prospects associated with the chosen career. After that the choice of institution assumes paramount importance so that after the higher education is over, the candidate should have achieved the desired competence to help him/her in starting a successful career. I feel proud in sharing with you that IAMR is just that ideal institution, where not only you choose a great career but also achieve those skills and competencies, which help you in starting your career. At IAMR, we follow an inherent policy of treating students individually and focusing on their learning capabilities to match their pace. We put regular stress not only on curricular but also on co curricular and extra curricular activities so that our students emerge as strong contenders both mentally and physically. We have full fledged infrastructure enabled by some of the best brains to support your cause. I am sure that after you have joined us, you'll turnout as a complete professional for the benefit of industry. I welcome you to IAMR family.



Sanjay Bansal
Secretary, IAMR Group

MESSAGE FROM HON'BLE DIRECTOR

Since its origination, IAMR has been continuously evolving by pursuing and inculcating several innovative ways of teaching, learning and experience-sharing by giving them real life exposures. This has been made possible by creating an intellectual capital of in-house human resources of highly qualified and experienced faculty members, modernized well-equipped laboratories, Wi-Fi campus, and the sprawling Central Library for effective and efficient learning, which is further fortified with a course curriculum that meets the needs of the industries and provides a fine knowledge in a particular domain.

IAMR is committed to nurturing talent and remains deeply rooted to the roots of education and technology. Our priority is to instil in our students a sense of commitment and to expand their knowledge and their intellectual horizons. Wishing all aspirants good luck for their bright future.



Dr. P. K. Vashistha
Group Director, IAMR Group

DEPARTMENT OF PHYSIOTHERAPY

Founded in 2000, the Institute of Applied Medicines & Research (IAMR) swiftly emerged as an educational vanguard, igniting a transformative journey with Department of Physiotherapy. IAMR PHYSIOTHERAPY is an endeavor to provide allied health professionals to the nation. Offering unmatched opportunities and educational pathways, IAMR introduced pioneering programs such as Bachelors of Physiotherapy (2000) and Masters of Physiotherapy (2003). IAMR is the first institute to offer MPT in Uttar Pradesh. From its inception, IAMR has epitomized unwavering commitment to academic distinction and student empowerment, carving a legacy of unparalleled educational excellence. At our institution, we believe in fostering a vibrant intellectual community and serve dynamic platforms for knowledge exchange, collaboration, and innovation, bringing together experts, scholars, and enthusiasts from diverse fields. To witness the success stories join us at the forefront of scientific innovation, where knowledge meets opportunity, and aspirations turn into achievements. Experience the difference at our organization, where excellence is not just a goal but a way of life.



ACTIVITIES OF PHYSIOTHERAPY DEPARTMENT

INTERNATIONAL YOGA DAY

IAMR group of institution celebrated international yoga day with BPT students and faculties, spreading awareness regarding healthy lifestyle.



PLANTATION DRIVE

IAMR Physiotherapy organized a plantation drive with the help of BPT students and faculties



INDUSTRIAL VISITS

IAMR PHYSIOTHERAPY DEPARTMENT organised a One day hospital visit for students of BPT 1st year in 4 prominent hospitals of Delhi-NCR i.e. Yashoda Super Speciality hospital, Kaushambi, Ghaziabad, MSS hospital, Pritampura, Delhi, Max Super Speciality hospital, Greater Noida and Metro super speciality hospital, Noida where students learned about the different departments of the hospital and got familiar with the role of physiotherapy in every aspect of it. It was an enthralling experience for the students.



BEST STUDENT AWARD IN PHYSIOGUIDE CONFERENCE IN ALIGARH



NATIONAL SPORTS DAY

In memory of Major Dhyan Chand, IAMR celebrated National Sports Day with a seminar titled "Importance of Sports in Our Life." Dr. Nistha Dixit (PT) Assistant Professor IAMR & Sports Physiotherapist was the keynote speaker, sharing insights on Major Dhyan Chand's illustrious journey and achievements. She also discussed the broader significance of sports, highlighting their impact on physical health, mental well-being, teamwork, discipline, and career opportunities.



ANTI-RAGGING DAY CELEBRATION

IAMR Department of physiotherapy organised an awareness program on Anti-ragging day, which focusing on Educating students, Faculty, and Staff about the harmful effects of ragging and the importance of creating a safe and respectful educational environment. In a powerful demonstration of unity and commitment to creating a safe and inclusive campus environment, IAMR Department of Physiotherapy recently organized a rally on Anti-Ragging

the event which saw enthusiastic participation from BPT students aimed to raise awareness about the dangers of ragging and reinforce the institute's zero-tolerance policy towards any form of harassment or bullying.



ORIENTATION PROGRAM

IAMR PHYSIOTHERAPY DEPARTMENT organised a Physiotherapy orientation program for BPT and MPT students. Our chief guests were Dr Dharam Pandey, Managing director APARC HEALTHCARE Manipal hospital, Dr. Satish, HOD Physiotherapy Department MSS Hospital and Dr Jaspreet Kaaur, Incharge physiotherapy department of Yashoda hospital who motivated students with their words. Dr. Dheeraja Babbar Head of physiotherapy department Sarvodaya Hospital and Dr-Jatin Maheshwari, sports physio legends league Cricket and Indian shooting team shared their experiences with the new students as Alumni of the college.



WORLD PHYSIOTHERAPY DAY CELEBRATION

IAMR PHYSIOTHERAPY DEPARTMENT and IAP DISTRICT GHAZIABAD BRANCH organised a celebration on WORLD PHYSIOTHERAPY DAY. The chief guests of the event were Dr Sanjiv K Jha , National Head, IAP, Dr. Ruchi Varshney, IAP treasurer and Mrs Anshu Bansal, Chairperson IAMR College. The special Guests were Mr Sanjay Bansal, secretary IAMR College, Dr Pradeep Vashistha , Group Director IAMR College, Dr. Joji Jons, joint secretary East zone IAP and Dr. Dinesh Samujh, CEC East zone IAP. The event was attended by various Physiotherapy professionals from Delhi ncr. Various Eminent speakers presented their lectures. Different cultural programs, poster competition and a skit were presented by the students. A cultural ramp walk representing all the states of India was the main attraction. Awards for best faculty and best students were also presented. A panel discussion was moderated by Dr Ruchi Varshney on the topic Physiotherapy aajkal with 8 renowned panelists.





Farewell 2k24

Svasti- farewell party was organised by BPT 5th sem students for BPT final year students. The event was filled with cultural activities, games and ramp walks where students participated enthusiastically. Mr. Shakib Saifi was announced as Mr. Farewell whereas Ms. Divya was announced as Ms. Farewell.





Freshers 2k24



IAMR College organized a vibrant and successful fresher party marking a memorable beginning for the new batch of students. The event kicked off with a traditional lamp-lighting ceremony, graced by the presence of the management and faculty members. The esteemed Secretary of IAMR, Mr. Sanjay Bansal set an inspiring tone for the event with his motivational speech, encouraging the students to embrace their new journey with enthusiasm and dedication.

The event was a blend of various performances, including dance, music, drama, and ramp-walk which captivated the audience. The seniors warmly welcomed the freshers, ensuring that everyone felt like part of the IAMR family. The crowning moment was the announcement of Mr. and Ms. Fresher, Mr. & Ms. Charming, Best Personality, Best Costume, Millions of Smile, which was met with great enthusiasm by the audience.

The event ended on a high note with a DJ party, leaving everyone energized and excited for the upcoming year.



Spardha 2k25

IAMR Organized Spardha Annual Sports Festival 2k25. Where Champions Rise and Memories Last. It Comprises Sports Like Carrom , Chess , Kho-Kho, VolleyBall , Badminton , Race and Tug of War.





DreamzSpark 2025

IAMR Group of Institutions organized the 16th Annual Youth Fest—DREAMZSPARK 2025 on March 28th & 29th, 2025.

The annual festival allowed students to showcase their hidden talents through participation in various competitions like Online gaming, Reel Making Competition, Treasure Hunt, Singing, Dance & Fashion shows, and many more.

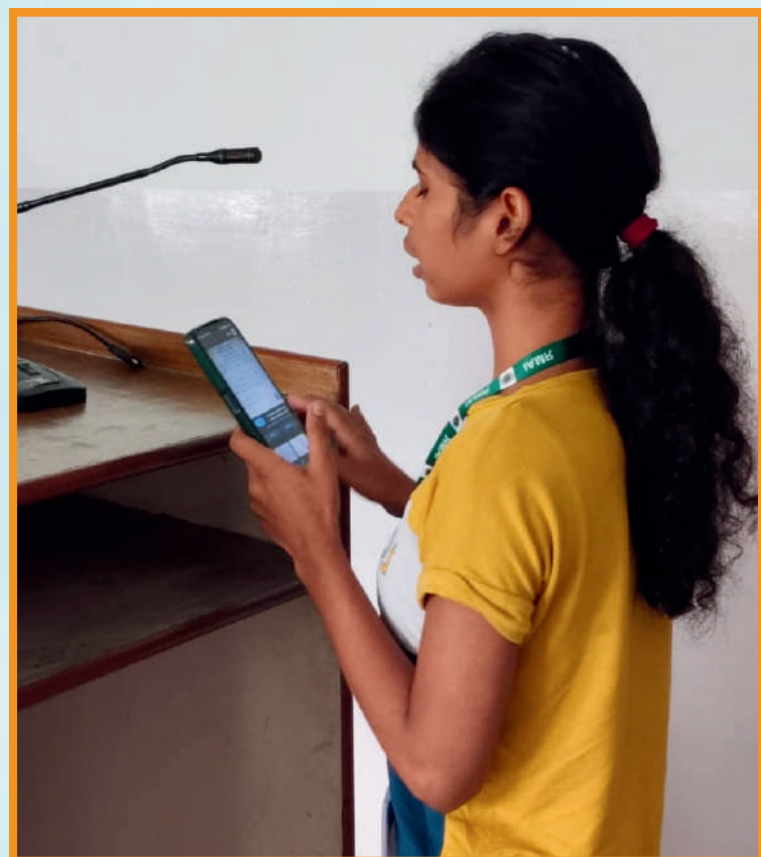
The objective behind organizing the Annual Festival provide a huge platform for students to boost their confidence, instill a sense of competitiveness, and help them build their character.

WORKSHOP



SWATCHHTA PAKHWARA

POEM CELEBRATION



SWATCHHTA PAKHWARA

POSTER MAKING COMPETITION



SWATCHHTA PAKHWARA

OATH CEREMONY



SWATCHHTA RALLY



WORLD MENTAL HEALTH DAY

On the occasion of World mental health day, IAMR PHYSIOTHERAPY DEPARTMENT organised a session on 10th Oct 2024 on Mental health in student life where our resource person Dr. Dheeraj Pandey explained to the students about signs and symptoms of mental health issues in great detail. He also demonstrated simple methods to reduce daily life stress and anxiety. Students took part in the interactive session enthusiastically.



WORLD STUDENT DAY

On the occasion of the Birth anniversary of Dr. APJ Abdul Kalam, Physiotherapy department celebrated world student day where Dr. Dheeraj Pandey took a session of the students.





DIWALI FEST



The Diwali fest at IAMR group of institutions was celebrated on 25th October 2024 with great enthusiasm and joy. Various events and activities were organized, showcasing the immense talent of the students. The festivities included Rangoli, Diya, Toran, Kandil, Dandiya, Board decoration and face of the Event adding a creative touch to event.

WORLD DIABETES DAY

Celebration of World diabetes day in Physiotherapy department where students of BPT 1st and 3rd semester got to know about the in-depth knowledge of Diabetes by Dr. Ekta.



WORLD DISABILITY DAY

On the occasion of World Disability Day 2024, IAMR physiotherapy department in collaboration with Neev Shakti Sanstha was invited to the district level educational sports and cultural competitions organized for disabled children at Bhagirath Public School, Sanjay Nagar, Ghaziabad on 03 December 2024.



MEDICAL CAMP



MEDICAL CAMP



GUEST LECTURE BY ALUMNI

IAMR PHYSIOTHERAPY DEPARTMENT organized an alumni guest lecture for BPT students on neuro computation of the brain computer interface in Neuro rehabilitation and application in outer space by Dr. Rishabh Pathak, Computational Neuroscientist, JNU, Delhi. Here are some glimpses of the event where students gained immense knowledge about the implementation of physiotherapy in outer space.



GUEST LECTURE

BPT 1st Sem students. Dr. S. Kundu from MMG Hospital, Ghaziabad imparted the knowledge on the life saving technique. Students had an interactive session and gained a valuable experience.



The Academic Team



Ms. Monika Sharma
HOD
Physiotherapy



Dr. R.K Meena
DEAN
Physiotherapy



Dr. M.K Saxena
Professor
Physiotherapy



Dr. Vaishali Chaudhary
Associate Professor
Physiotherapy



Ms. Huma Siddiqui
Associate Professor
Physiotherapy



Ms. Shikha
Assistant Professor
Physiotherapy



Dr. Mansi Srivastava
Assistant Professor
Physiotherapy



Dr. Shivani Sharma
Assistant Professor
Physiotherapy



Dr. Ekta Kansal
Associate Professor
Physiotherapy



Dr. Shubham Kumar
Assistant Professor
Physiotherapy





Dr. Nishtha Dixit
Assistant Professor
Physiotherapy




Dr. Vipra Goel
Assistant Professor
Physiotherapy

Our Stars Achievers

**IAMR**
GROUP OF INSTITUTIONS
ESTD. 2000



**NAAC**
ACCREDITED







Congratulations!

Meritorious Students of BPT III Semester


Batch 2022-2023



Chetna Patial
1st Rank



Mahak Tyagi
2nd Rank


Payal Singh
3rd Rank

9th KM Stone Delhi Meerut Road, Duhai, Namo Bharat Station NH 9, Ghaziabad (U.P.) - 201206 www.iamr.ac.in

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ESTD. 2000



**NAAC**
ACCREDITED







Congratulations!

Meritorious Students of BPT IV Semester

Batch 2021-2022



Anushika Maurya
1st Rank



Vanshika Bharti
2nd Rank


Vaishnavi Kumari
3rd Rank

9th KM Stone Delhi Meerut Road, Duhai, Namo Bharat Station NH 9, Ghaziabad (U.P.) - 201206 www.iamr.ac.in

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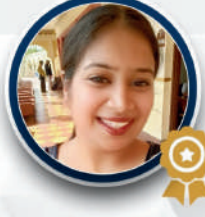
**NAAC**
ACCREDITED





Congratulations!

Meritorious Students of MPT III Semester

Batch 2022-2023

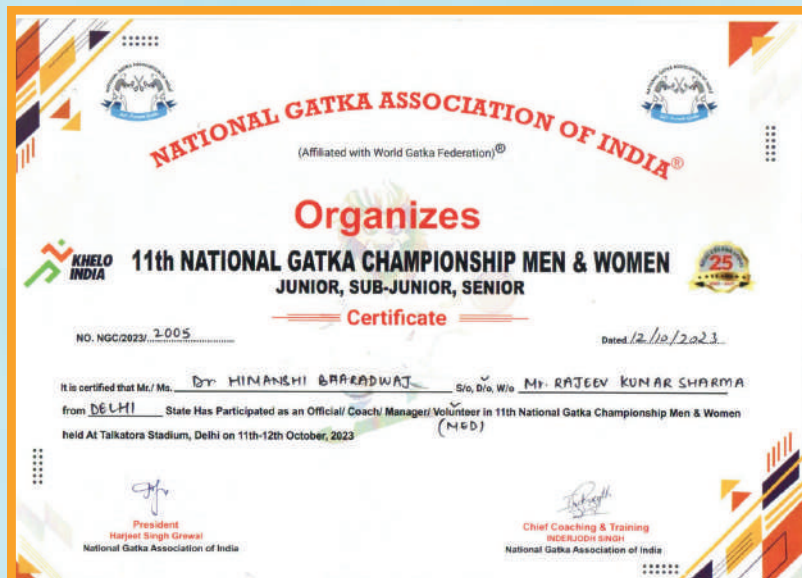

Ayushi Maheshwari
1st Rank


Shradha Mishra
2nd Rank

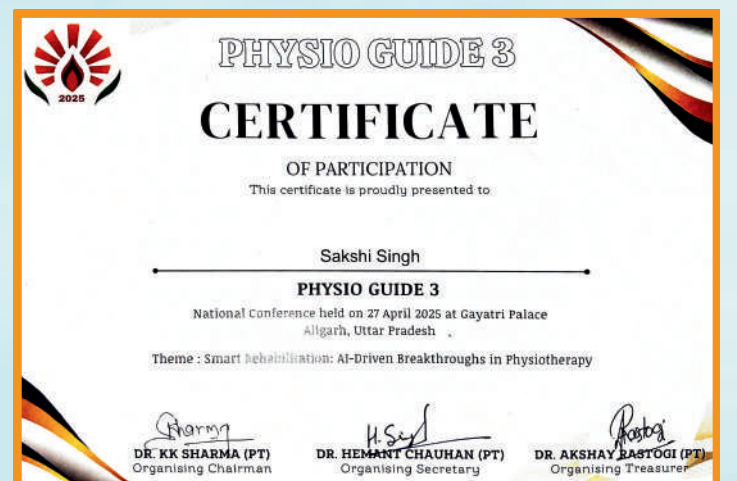

Shiva Shukla
3rd Rank

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Students Achievements



Celebrating Our Achievers



MOU Agreements



SHINNING STARS



Ojasvi
Sr Physiotherapist
Auckland



Bharat
Sr. Physiotherapist
Canada



Jyoti Sheokand
Consultant Physiotherapist
USA



Nishant
Consultant Physiotherapist
Canada



Pooja Tiwari
Clinical Physiotherapist
California



Karishma Vij
Consultant Physiotherapist
London, UK



Monika Sharma
Consultant Physiotherapist
Canada



Ekta Jain
Jr. Physiotherapist
New Zealand



Deepika
Sr. Physiotherapist
Australia



Medhavi
Sr. Physiotherapist
Australia



Abha Sablok
Sr. Physiotherapist
Log Angeles, California



Aastha Purang
Physiotherapist
Max Super Speciality Hospital, Delhi



Chirag
Junior Physiotherapist
Medanta The Medicity, Gurugram



Jyoti Dwivedi
Physiotherapist
AIIMS, New Delhi



Mahi Srivastava
Physiotherapist
Numed Super Specialty Hospital, Noida



Radhika
Physiotherapist
Jain Neuro Hospital, Delhi



Rashika Chaudhary
Physiotherapist
Sri Ganga Ram Hospital, Delhi



Rishita Dubey
Resident Physiotherapist
NIMS Hospital, Jaipur



Sakshi
Physiotherapist
Jain Neuro Hospital, Delhi



Sakshi Shital
PR Executive
Vaidam Health PVT LTD, Gurugram



Shivani Kashyap
Consultant Physiotherapist
Paras HMRI Hospital, Patna



Vikas Saini
Sr. Physiotherapist
Yashoda Hospital, Kaushambi, GZB



Salman Farshi
Physiotherapist
Yatharth Super Speciality Hospital, Noida

Our Recuriters

